



Eucharistic Community of St. Luke

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How do I Choose a Confirmation Sponsor (Godparent)?

Dear Parents,

You are in the privileged position of guiding your child in their decisions regarding confirmation. One of the most important decisions will be the choice of your child's sponsor. Please share the following information with your child as he/she prepares to make this important and exciting choice.

The confirmation sponsor plays a special role not just in the celebration of Confirmation, but especially in the faith-life of the child. It is an honour to be chosen sponsor, but there is much more to the role than just being honoured. The sponsor is someone who acts as mentor, a "companion on the journey" of becoming a more committed and responsible Catholic Christian. This mentor encourages your child to behave as a true witness of Christ.

To be this mentor for your child in the best possible way, the sponsor needs to be:

1. at least (16) years of age
2. a baptized and confirmed Catholic
3. a practicing Catholic (this includes regular celebration of the sacraments like mass and reconciliation)
4. a good model of Christian living who can help your child grow in their experience of God through the practice of their faith
5. a real friend who you can trust
6. a good listener in whom your child can confide
7. actively interested and involved in your child's faith and family experience
8. a "real" part of your child's life who can declare before the parish community what your child is choosing freely to accept the privileges and responsibilities of Confirmation.



No, we do not expect your sponsor to be Mother Teresa! However, the role is an important one to be taken seriously. Take your time to make this choice in a meaningful way. Keep in mind that a godparent from Baptism may also be the Confirmation sponsor, provided the criteria just mentioned still apply.

Please note also that

- only one sponsor is required
- if necessary, a parent may stand in as a witness, but he or she is not a "sponsor" as such, since the unique role as parent is already the most important relationship possible with the child.
- the sponsor is more than welcome to attend any or all the parent and children gathering held for the Confirmands during the year
- the sponsor is expected (if possible) to attend the confirmation rehearsal



*May the Holy Spirit guide you as you choose your sponsor!
Pray for this person, that moved by the same Spirit,
he or she will accept the role with a prayerful and enthusiastic response.*

Thank you.

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*Last Update: April 2010
Printed 18 July 2010*